

DR. SOWMYA DESHPANDE

Address: 402, ONE ICC, Island City Centre, G. D. Amberkar Marg, Dadar (E),
Mumbai – 400 014, Mob no.: - +91 92256 12244

August 11, 2026

To,

Bombay Stock Exchange Limited
Corporate Service Department
Phiroze Jeejeebhoy Towers, Dalai
Street, Mumbai — 400 001

Scrip Code: 516110, ISIN: INE146N01016

Sir / Madam,

Sub: Disclosure pursuant to SEBI (Substantial Acquisition of Shares and Takeover) Regulations, 2011.

This is to inform you, that I have sold shares of "FAMILY CARE HOSPITALS LTD"

The requisite disclosure in terms of Regulation 29(2) of the Securities and Exchange Board of India (Substantial Acquisition of Shares and Takeovers) Regulations, 2011 is attached herewith.

Kindly acknowledge the receipt hereof. Yours

truly,

For Sowmya Deshpande

Authorised Signatory

Disclosures under Regulation 29(2) of SEB1 (Substantial Acquisition of Shares and Takeovers) Regulations, 2011

1. Name of the Target Company (TC)	Family Care Hospitals Limited		
2. Name(s) of the acquirer and Persons Acting in Concert (PAC) with the acquirer	Dr. Sowmya Deshpande Contact Address: Dr. Sowmya Deshpande 402, ONE ICC, Island City Centre, G. D. Amberkar Marg, Dadar (E), Mumbai – 400 014 Mob no.:- +91 92256 12244		
3. Whether the acquirer belongs to Promoter/Promoter group	No		
5. Name(s) of the Stock Exchange(s) where the shares of TC are Listed	BSE Limited		
6. Details of the acquisition / disposal as follows	Number	% w. r. t. total share/ voting capital wherever applicable (*)	% w. r. t. total diluted share/ voting capital of the TC (**)
Before the Sale under consideration, holding of:			
a) Shares carrying voting rights	32,59,136	6.03	-
b) Shares in the nature of encumbrance (pledge/ lien/non-disposal undertaking/ others)	-	-	-
c) Voting rights (VR) otherwise than by equity shares	-	-	-
d) Warrants/convertible securities/any other			
Total (a+b+c+d)	32,59,136	6.03	
Details of sale			
a) Shares carrying voting rights acquired or sold	9,56,007	1.77	
b) VRs acquired /sold otherwise than by shares	-	-	
c) Warrants/convertible securities/any other	-	-	
Total (a+b+c+d)	23,03,129	4.26	
After the acquisition/Sale, holding of:			
a) Shares carrying voting rights	23,03,129	4.26	

b) Shares encumbered with the acquirer c) VRs otherwise than by shares d) Warrants / convertible securities / any other instrument that entitles the acquirer to	- -	- -	- -
Total (a+b+c+d)			
6. Mode of acquisition / sale (e.g. open market / off-market / public issue / rights issue /)	Open Market		
7. Date of acquisition / sale of shares / of receipt of intimation of allotment of shares, whichever is applicable	Sale transaction during the period from August 7, 2026 to August 11, 2026		
8. Equity share capital / total voting TC before the said acquisition / sale	Rs. 54,01,47,740/- (5,40,14,774 shares at value of Rs.10 per share)		
9. Equity share capital / total voting TC after the said acquisition / sale	Rs. 54,01,47,740/- (5,40,14,774 shares at value of Rs.10 per share)		
10. Total diluted share / voting capital of the the said acquisition / sale	Rs. 54,01,47,740/- (5,40,14,774 shares at value of Rs.10 per share)		

Signature of Authorized Signatory

Authorised Signatory